



# EUROPASS CERTIFICATE SUPPLEMENT (\*)



Republic of Estonia

## 1. TITLE OF THE CERTIFICATE <sup>(1)</sup>

**Aroomterapeut III**

<sup>(1)</sup> in the original language

## 2. TRANSLATED TITLE OF THE CERTIFICATE <sup>(1)</sup>

**Aromatherapist III**

<sup>(1)</sup> if applicable. This translation has no legal status.

## 3. PROFILE OF SKILLS AND COMPETENCIES

A holder of level III aroma therapist certificate:

- is familiar with human anatomy and physiology
- is capable of assessing a customer's condition and needs
- knows the principles of health promotion and health preservation
- knows diseases, their risk factors and treatment principles
- knows the basics of geriatrics and gynaecology
- knows the basics of psychology, physiotherapy, pharmaceutical science and dietetics
- is capable of following hygiene requirements
- knows the characteristics of essential oils, is capable of assessing their quality and chemical composition
- knows the main components of essential oils and their effect
- is capable of selecting suitable essential oils and knows how to administer them according to a patient's medical history
- is capable of assessing the indications and contraindications of essential oils for each customer
- knows how to apply oils onto the customer's skin
- knows how to perform back, foot, hand, chest, facial, head and neck massage
- is capable of using pain relief techniques
- knows other uses of aroma therapy in facial treatment, water treatment and in interior aromatising
- follows the principles of professional ethics

## 4. RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE CERTIFICATE <sup>(1)</sup>

Aroma therapist III may work in private enterprises or health care/rehabilitation centres

<sup>(1)</sup> If applicable

### <sup>(\*)</sup> Explanatory note

This document is designed to provide additional information about the specified certificate and does not have any legal status in itself. The format of the description is based on the following texts: Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications, Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates, and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons undergoing training, volunteers, teachers and trainers.

More information available at: <http://europass.cedefop.eu.int>

© EUROPEAN COMMUNITIES 2002

## 5. OFFICIAL BASIS OF THE CERTIFICATE

<p><b>Name and status of the body awarding the certificate</b></p> <p>Eesti Loodusteraapiate Nõukoda  Vesivärava 42  10126 Tallinn  e-mail: <a href="mailto:tiinatalijärv@gmail.com">tiinatalijärv@gmail.com</a>  phone: +372 5275 621</p> <p><a href="http://www.loodusravi.ee">www.loodusravi.ee</a></p>	<p><b>Name and status of the national/regional authority providing accreditation/recognition of the certificate</b></p> <p>Estonian Qualification Authority 'Kutsekoda'  Mustamäe tee 16  10617 Tallinn, Estonia  Ph. +372 679 1700  Fax +372 679 1701  E-mail <a href="mailto:kutsekoda@kutsekoda.ee">kutsekoda@kutsekoda.ee</a>  <a href="http://www.kutsekoda.ee">www.kutsekoda.ee</a></p> <p>The private law foundation 'Kutsekoda' (Professions Chamber) was established in 2001 in cooperation with the Estonian Government to continue the creation of the system of professions started in 1997 by the Estonian Chamber of Commerce and Industry. The objectives of the Professions Chamber include establishment and development of an integrated and organised professional qualifications system, establishment of prerequisites for achieving comparability of the qualifications of Estonian employees and acknowledgement of other countries, as well as management of the state register of professions as the authorised processor.</p>
<p><b>Level of the certificate (national or international)</b></p> <p>National  Estonian Professional Qualifications System  Level III</p>	<p><b>Grading scale / Pass requirements</b></p> <ol style="list-style-type: none"> <li>1) oral or written test</li> <li>2) on the basis of documents</li> <li>3) written exam</li> <li>4) sample work</li> <li>5) combination of the previous</li> </ol>
<p><b>Access to next level of education/training</b></p>	<p><b>International agreements</b></p>
<p><b>Legal basis</b>  Professions Act (RT I 2008, 24, 156; 01.09.2008)</p>	

## 6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

Application entry requirements (level of education or training, professional experience, in-service training, etc.) Please indicate duration if required.

Work experience in aroma therapy at least for 5 years and professional training.  
Level of education (required/recommended): secondary education

**More information** (including a description of the national qualifications system) available at:  
[www.kutsekoda.ee](http://www.kutsekoda.ee)