



EUROPASS CERTIFICATE SUPPLEMENT (*)



Republic of Estonia

1. TITLE OF THE CERTIFICATE ⁽¹⁾

Massöör I

⁽¹⁾ in the original language

2. TRANSLATED TITLE OF THE CERTIFICATE ⁽¹⁾

Masseur/Masseuse level I

⁽¹⁾ if applicable. This translation has no legal status.

3. PROFILE OF SKILLS AND COMPETENCIES

A holder of the Masseur level I professional certificate:

- Prepares the workplace and works in a clean, sufficiently illuminated and suitable warm or cool, well ventilated room that creates a pleasant and safe feeling to the person massaged;
- Is ready to serve, has proper appearance and good communication skills;
- Is familiar with the legislation pertaining to the profession;
- Is familiar with professional terminology, including terms in Latin;
- Is familiar with human anatomy and physiology;
- Is familiar with the main symptoms of illnesses, their causes and contingency massage-related risk factors;
- Is familiar with the foundations of kinesiology;
- Is familiar with medical preparations and oils;
- Is able to obtain the case history of the patient/customer;
- Is able to establish contact with the person massaged;
- Follows occupational health and safety requirements;
- Is able to assess the musculoskeletal system condition of the patient/customer;
- Is familiar with the foundations, techniques and impact of classical massage and is able to perform classical massage;
- Is able to use main, auxiliary and technical appliances at work;
- Has command of the basic techniques of classical massage;
- Is familiar with the philosophy of oriental massage and has command of basic oriental massage techniques;
- Has command of the basic lymphatic massage techniques;
- Follows the professional code of ethics;
- Is able to provide first aid.

4. RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE CERTIFICATE ⁽¹⁾

Masseurs/Masseuses may work as private entrepreneurs or be employed in the social, sports or health care sector, including spas and customer/patients homes.

⁽¹⁾ If applicable

^(*) Explanatory note

This document is designed to provide additional information about the specified certificate and does not have any legal status in itself. The format of the description is based on the following texts: Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications, Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates, and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons undergoing training, volunteers, teachers and trainers.

More information available at: <http://europass.cedefop.eu.int> © European Communities 200

5. OFFICIAL BASIS OF THE CERTIFICATE

<p>Name and status of the body awarding the certificate</p> <p>Estonian Union of Masseurs is a non-profit organisation founded on 11 September 2001. Estonian Union of Masseurs has been entered in the commercial register, register code 80153829, address: Mustamäe tee 59, Tallinn.</p> <p>The principal objectives of the Estonian Union of Masseurs include: promotion of massage, implementation of massage-related projects, facilitation of communication between practicing masseurs, and creation of opportunities for studying and practicing massage. EUM coordinates massage-related activities in the Republic of Estonia, participates in the establishment of professional qualifications requirements, provides expert assessment of projects and curricula, establishes a professional control system to protect its members from piracy in the labour market, assists its members in raising their qualification levels, and represents the Estonian masseurs in international organisations.</p> <p>www.massaaziliit.ee</p>	<p>Name and status of the national/regional authority providing accreditation/recognition of the certificate</p> <p>Estonian Qualification Authority 'Kutsekoda' Mustamäe tee 16 10617 Tallinn, Estonia Ph. +372 679 1700 Fax +372 679 1701 E-mail kutsekoda@kutsekoda.ee www.kutsekoda.ee</p> <p>The private law foundation 'Kutsekoda' (Professions Chamber) was established in 2001 in cooperation with the Estonian Government to continue the creation of the system of professions started in 1997 by the Estonian Chamber of Commerce and Industry. The objectives of the Professions Chamber include establishment and development of an integrated and organised professional qualifications system, establishment of prerequisites for achieving comparability of the qualifications of Estonian employees and acknowledgement of other countries, as well as management of the state register of professions as the authorised processor.</p>
<p>Level of the certificate (national or international)</p> <p>National Estonian professional qualifications system Masseur/Masseuse level I</p>	<p>Grading scale / Pass requirements</p> <p>Attestation of the professional skills of Masseur/ Masseuse level I requires passing of a professional examination, including a theoretical knowledge test and a practical assignment.</p>
<p>Access to next level of education/training</p> <p>Masseur/Masseuse level II</p>	<p>International agreements</p>
<p>Legal basis</p> <p>Professions Act (RT I 2008, 24, 156; 01.09.2008)</p>	

6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

Application entry requirements (level of education or training, professional experience, in-service training, etc.) Please indicate duration if required.

Prerequisites	Duration (hours/weeks/months/years)
Professional experience not required	
Training according to the professional standard of masseurs/masseuses	1000 hours

Level of education (required/recommended): secondary education

More information (including a description of the national qualifications system) available at:

www.kutsekoda.ee